

Transforming Lives Through Faith Inspired Relationships

OUR PARISH'S MISSION: **Proclaim the Good News, embolden all believers, and inspire a deeper relationship with Jesus Christ so our parish will love and serve others generously.**

Watch a Weekly Update Video from Father Chris...





Dear Friends in Christ,

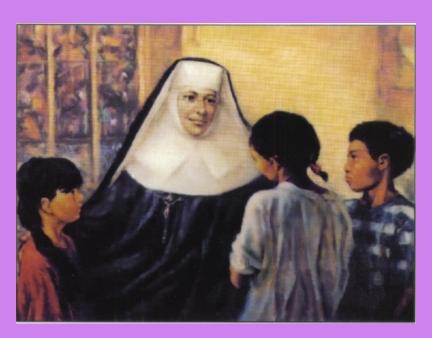
March 3rd is the Feast Day of St. Katherine Drexel. Mother Katherine's motto in religious life was *ours must be the spirit of the Eucharist, the total gift of self!* What a challenge for each of us, to give of ourselves the way Jesus gives himself to us in the Eucharist. God delights when you sacrifice yourself for your spouse, children, grandchildren, siblings, neighbors and even for strangers. God delights when we are generous and make the choice to give of ourselves in so many different ways.

I am making an ask of your generosity in the next few weeks as we make a change to our procedures for Holy Communion. Our Liturgy Planning Team has been discussing the need to change our communion lines for many months. Why do we need to make a change? Praise God we have more people attending Mass and so the distribution of holy communion is taking longer. The Team decided that it is best to have everyone process to the front of Church so we did not want to return to the former practice of having holy communion distributed at the break near the baptismal font. So, we will have two lines come up the center aisle (where we have had one). The center aisle will return down the side aisles after receiving Jesus. The two side aisles will be only for those who are seated along the windows. Everyone in the center needs to move to the center aisle - otherwise it will be difficult for people to get back into their pews when they return from holy communion. As always, if someone is not able to come forward for holy communion, please consider being seated in the front pew or in the window pews near the BVM statue.

I know this will require patience as we make the change. I know some people may decide to change their seats so that they can more easily access a communion line. Let's remain focused on what matters the most – we are approaching the Lord Jesus Christ who desires to feed us with his own body and blood. Hoe blessed are we!

If you have further questions or ideas about the new communion procedures, please reach out to Fr. Phong, Deacon Pat, Deacon Bill or myself. We welcome any and all suggestions on how to make things the best they can and meet the needs of all of our parishioners.

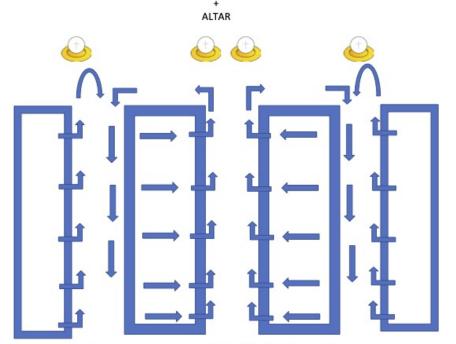






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New Communion Procedures at Weekend Masses – Effective March 16th & 17th

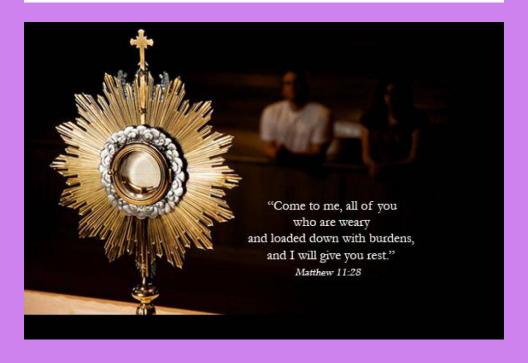


Thank you for your cooperation in following the new lines.

Holy Communion will be reverent and timely for the good of us all.

O Sacrament Most Holy, O Sacrament Divine,

All Praise and all thanksgiving; be every moment thine!



Have you joined us for Adoration on Mondays?

Jesus wants time with you.

Join us from Noon to 7pm.

Come for 10, 20 or 30 minutes. Maybe even an hour! Look at Him. Let Him look at you.

What Forgiveness is NOT

10 Truths about Forgiveness



W Hope for the Heart

Forgiveness is not denying the hurt.

It is feeling the hurt and releasing it to God.

Forgiveness is **not** forgetting.

It is necessary to remember before you can forgive.

Forgiveness is **not** circumventing God's justice. It is allowing God to execute His justice in His time and in His way.

Forgiveness is **not** waiting for "time to heal all wounds."

It is clear that time doesn't always heal wounds; some people will not allow healing.

Forgiveness is **not** excusing wrong behavior.

It is acknowledging that wrong behavior is without excuse, while still forgiving.

Forgiveness is **not** stuffing your anger.

It is resolving your anger by releasing the offense to God.

Forgiveness is **not** the same as reconciliation.

It takes two to reconcile, but it takes only one to forgive.

Forgiveness is **not** letting the guilty "off the hook."

It is moving the guilty from your hook to God's hook.

Forgiveness is **not** explaining away the hurt.

It is working through the hurt.

Forgiveness is **not** a feeling.

It is a choice—an act of the will.

"Remember, the Lord forgave you, so you must forgive others." (Colossians 3:13 NLT)

Excerpt from "Releasing You Is Freeing Me"



COFFEE TALK! Are you grieving the loss of a loved one? Many people find it helpful to talk through grief with others who have also experienced a loss. Please join us for a monthly COFFEE TALK at St. Cecilia. The next gathering is <u>Saturday, March 16th from 9am to 10:30am</u> - in the Cecilian Room (Building C, across from the Rectory). All are welcome. For more information, call Paula at 215-317-9802.



Join us on Saturday, March 23rd for a wonderful day of formation in the Catholic Faith. All are welcome. <u>REGISTER HERE</u>. If you need help covering the cost of registration, contact Fr. Chris.



45 TICKETS REMAIN...come out for a great night! BUY YOUR TICKETS TODAY. <u>Purchase tickets here.</u>

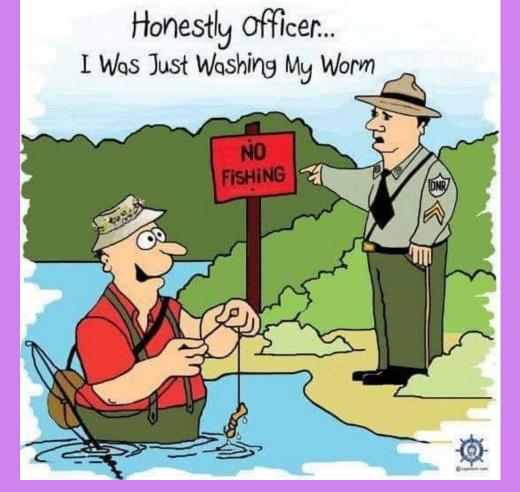
Questions? ARE YOU WILLING TO VOLUNTEER AND HELP MAKE THE EVENT A WONDERFUL NIGHT FOR ALL WHO GATHER? Email St. Cecilia Parish Event Planners

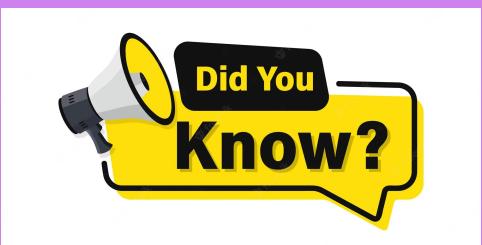


Join Father Chris and Saint Cecilia Church on Wednesday Evenings 7pm to 8:30pm in our School Auditorium March 6, March 13, March 20 and March 27 to study this amazing letter from Saint Paul. ALL ARE WELCOME - EVEN IF FOR ONE WEEK ONLY.



- Pope Francis' Intention for FEBRUARY: we pray that the sick who
 are in the final stages of life, and their families, receive the necessary
 medical and human care and accompamaniment they need to
 remain hopeful and faithful to the Lord.
- A Parent's Prayer for their Child for FEBRUARY: I pray that my
 children will understand tehy have been created by God, that they will
 be content and confident in the way they were made spiritually,
 emotionally and physically.
- We pray for Carol, Jim, Michael and all who are seriously ill may they know healing.
- We pray for families who do not worship with us each week increase their desire to know you and grow in faith.
- We pray for the soul of **Phila. Fire Chief John Garrow** who died and will be buried from St. Cecilia on March 12th & 13th. May he rest in peace and his family be comforted by the Lord.
- Pray for all the sick at Pennypack Nursing Home, Jeanes & Fox Chase Hospitals





- FREE CONCERT AT SAINT MATTHEW CHURCH On Monday, March 4th at 7pm, Composed Francesca LaRosa will perform a FREE concert in the Upper Church focused on praying the psalms. This is a wonderful opportunity for prayer and reflection this lent. Please RSVP to events@stmmayfair.org Bring a friend!
- BEREAVEMENT MINISTRY SEMINAR Maternity BVM Parish (9220 Old Bustleton Avenue) will host a six-week series for those dealing with death of a loved one. Meetings are held in the Rectory Basement on Wednesdays beginning March 27th. The meetings are at 7pm and last one hour. Please call ahead to Eileen at 215-677-6582 or Connie 215-206-1412. All are welcome. Allow God to use these sessions to bring healing and hope into your life as you grieve your loved one.

- PALM WEAVING CLASSES Learn to weave palm as we celebrate Palm Sunday! Join us Saturday afternoon, March 23rd from 2:30 to 4:30 in the Auditorium. Space is limited to 20 people. No cost to attend. Please contact <u>Sue</u> in the Parish Office to save your seat! You can also volunteer to make palm arrangements with Our Lady of Consolation Church in Tacony. They meet March 18th to 22nd, from 3pm to 8pm. Contact Tony at 215-837-7666 or tonyvolpe22@hotmail.com OLC also has palm arrangements for sale (for graves or your home), contact Tony.
- The State of Alabalma Supreme Court was in the news because the found that unborn babies are...ALIVE!<u>Read more...</u> and also grow in understanding the Church's guidance on<u>Invitro Fertilization</u>
- KNOW ANYONE WHO IS HIRING? A friend of Father Chris is looking for employment opportunities for two young refugees from Afghanistan. Ahmed and Shabir are both in their early 20's and have been living with their parents and three sisters near the Roosevelt Mall. They want stable and consistent work in order to provide for their family. They have their legal documentation in order to work and continue to work on their English language skills. Transportation with SEPTA is preferred, but they have access to a car if needed. Please contact Dan at rest@saintraymond.net or 267-331-1682.
- SACRAMENTAL PREP MEETING If your child is to receive the Sacrament of Eucharist or Confirmation this Easter, please plan to join us for an Information and Formation Gathering on Tuesday, Match 19th at 7pm in our Church. More details will come from their teacher or catechist. Please pray for these young people that they grow each day as disciples of Jesus Christ!
- Irish Concert at the Fox Chase Library Bill Monaghan, who often leads our worship music at 5pm or 11am Mass, will offer a free concert at the Fox Chase Library on Monday, March 4th at 5:30pm. Allow Bill's music and storytelling get you in the mood for Saint Patrick's Day!
- Fr. Chris and Fr. Phong are available for <u>CONFESSION</u> on Monday (6pm to 7pm); Wednesday (7am to 8am) and Saturday (4pm to 4:50pm). Please make use of this wonderful Sacrament in order to grow as a Disciple of Jesus Christ.
- Heading to the movies? Check out the new film on <u>Saint Mother</u> <u>Cabrini</u>. <u>GET YOUR TICKETS NOW</u>
- Did you read last Sunday's <u>Church Bulletin</u>? Be sure to take a minute to keep up on the great things happening at St. Cecilia
- We will have a Donut Social on Sunday, March 10th after the 9:30am Mass (yes, we are changing things up a bit in the new year) in the Auditorium. This will give our Church Family a chance to meet one another and build relationships. Please join us and get to know your parish family better.
- Safe Environment Training St. Cecilia will offer the Protecting God's
 Children course on Tuesday, March 5th from 6pm to 9pm and
 Wednesday, March 6th from 9am to Noon on our campus. This
 course is part of the requirements in order to volunteer at St. Cecilia
 Church and School when coming in contact with minors. To reserve
 your spot at training please email Kristen at safe@stceciliafc.com;
 you may also contact Sue in the Parish Office.
- Do you know the impact of the Lenten Rice Bowl?



The Annual **Catholic Charities Appeal** has started. You will receive a mailing directly to your home. You are also welcome to donate online. <u>Learn more on their website.</u>



SUMMER THEATER CAMP

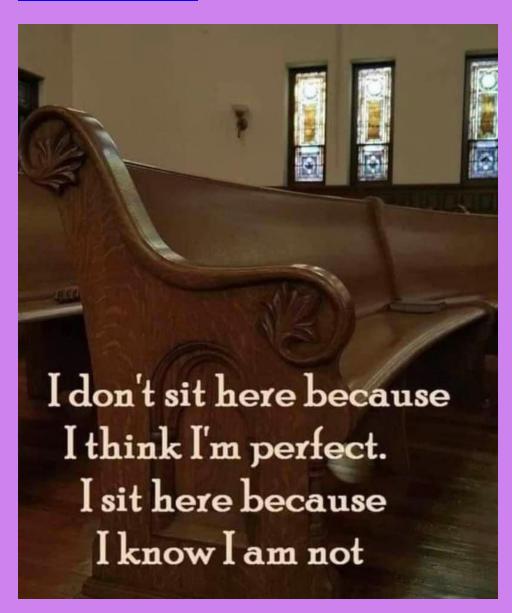
The Musical Theatre Summer Camp is designed specifically for students entering grades 3-8. The Camp is an integrative weeklong experience that allows young people to learn improv, acting and stage movement, singing and vocal technique, and dancing by activities and games. Additionally, they will explore different musical theatre styles through exploring various Broadway shows. The camp will include a showcase on the last day of camp at 5pm for parents and family. Camp dates are June 17-20 from 9:00am-3:00pm & Friday, June 21 9:00-6:00pm. St. Cecilia Families are welcome to use the CODE: CECILIA24 for a \$50 discount.

LINK FOR REGISTRATION

SUMMER BASKETBALL CAMPS

Calling all students entering 3rd, 4th or 5th grade - join us at St. Cecilia for HUDDLE UP HOOPS BASKETBALL CAMP July 8th to July 12th. Boys will gather 8am to Noon; girls will gather 12:30pm-4:30pm. For more information contact huddleuphoops24@gmail.com

LINK TO REGISTER A BOY





PHILADELPHIA'S ANNUAL CATHOLIC MEN'S CONFERENCE

"From Death to Life":

1 John 3:14

Man Up Philly 2024 invites the men of the Archdiocese of Philadelphia to the 16th Annual Men's Spirituality Conference to be held on Saturday, March 2nd at Cardinal O'Hara's St. John Vianney Hall Theater.

We encourage all men – fathers, sons, brothers, friends – to join us for an inspiring day of faith and fellowship. Experience the faith journey of our speakers "from death into life".



Mike Schmidt 12x All Star, 3x MVP,



Danny Bader Author, Back to Life: The Path of Resilience



Mark Hartfiel VP Paradisus Dei



Mark Forrest Internationally Acclaimed



Deacon Nathan Gunn Coordinator for Young Life NE Division



Archbishop Nelson Perez Archbishop of Philadelphia

SATURDAY, MARCH 2, 2024

FOR MORE INFORMATION AND TO REGISTER
VISIT MANUPPHILLY.COM





MAN UP PHILLY Philadelphia's Catholic Men's Conference will take place on Saturday, March 2nd at Cardinal O'Hara. Men of all ages (and your teenage sons) and welcome and encouraged to join more than 1,000 other men fro this day of encouragement, fellowship and spiritual growth. Speakers include former Phillie Hall of Fame Mike Schmidt! Tickets are \$65 for the day (scholarships available; contact Father Chris). If you plan to attend, please register on your own at www.manupphilly.com - then, please email Mark at notmoving@gmail.com so that we can coordinate (and possibly plan carpooling) for the St. Cecilia group of men!



TELL US WHAT YOU THINK about the homilies you hear. Really! Honestly! The new Catholic Preaching Institute (CPI) at Saint Charles Seminary invites you to participate in what could be the largest-ever study of its kind in the nation. It only takes 10 minutes to do! **TAKE THE SURVEY** (the link will not "go live" until Feb. 24th & 25th). Then invite each of your family members to do the same and share this with all your Catholic friends! With everyone's input, CPI will design programs to make preaching in the archdiocese more compelling ... so that your experience of the Word of God becomes even more inspiring. Don't wait – the survey closes March 22!

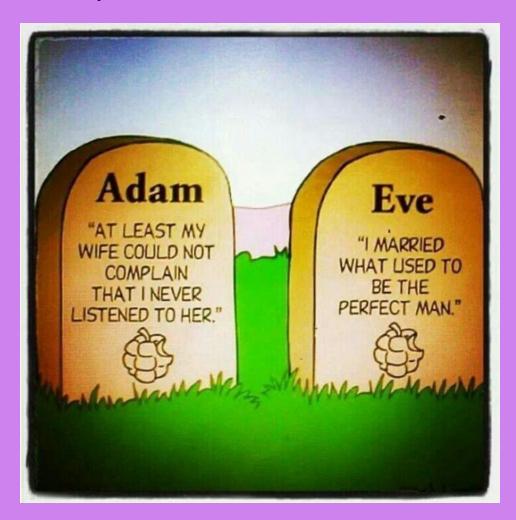


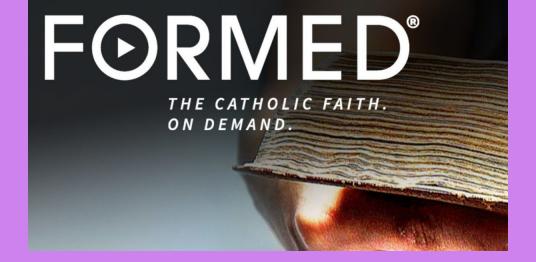
IN ADDITION TO OUR REGULAR DAILY MASSES, THERE WILL BE A 6:30PM MASS ON THURSDAY EVENINGS. JOIN US!

STATIONS OF THE CROSS WILL BE EACH FRIDAY OF LENT AT 7PM

Our School Students will host a **Simple Soup Supper on Friday, March 15th**...mark your calendars and we will have sign ups in a few weeks!

Students from St. Cecilia School will lead us in the Living Stations on Good Friday.





Want something that feeds your soul this Lent?

Create a FREE account with <u>FORMED.ORG</u> (another benefit of being a member of Saint Cecilia-Fox Chase).

Start watching movies, documentaries and amazing videos that will teach you our Catholic Faith!

